FISH ASSEMBLAGE IN A TEMPERATE ESTUARY ON THE URUGUAYAN COAST: SEASONAL VARIATION AND ENVIRONMENTAL INFLUENCE

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ABSTRACT

The seasonal dynamics of the fish community in the Pando estuary on the Uruguayan coast were studied in relation to environmental sampled monthly between May 2002 and June 2003. Individuals collected were identified, and classified into stages (juveniles, adults) and functional groups. Relationships between community dynamics and environmental variables were evaluated using uni- and multivariate techniques. Twenty-one species, mostly freshwater stragglers, estuarine and marine migrants were collected. The most abundant species were Micropogonias furnieri, Mugil platanus, Paralichthys orbignyanus and Brevoortia aurea and were represented by juveniles. The community varied seasonally with rapid shifts in spring and autumn associated with changes in temperature and salinity. Significant correlations between abundance and temperature may be related to the timing of life cycle events. In this estuary, the salinity appears to play a key role in the functional structure and in the use of the habitat by juveniles. This is relevant for the definition of estuaries as nursery areas: this definition is context-dependent and is determined by the salinity conditions.

RESUMO

Foi estudado a dinâmica sazonal da comunidade de peixes em relação as variáveis ambientais do estuário Pando, localizado na costa uruguaia. Os peixes foram amostrados mensalmente entre maio de 2002 e junho de 2003. Os indivíduos coletados foram identificados e classificados em estágios (jovens, adultos) e grupos funcionais. Relações entre a dinâmica da comunidade e as variáveis ambientais foram avaliadas utilizando-se técnicas uni- e multivariada. Vinte e uma espécies foram coletadas, principalmente visitantes de água doce, estuarinas e marinhas migratórias, sendo as mais abundantes e representadas por juvenis: Micropogonias furnieri, Mugil platanus, Paralichthys orbignyanus e Brevoortia aurea. A comunidade variou sazonalmente com rápidas mudanças na primavera e no outono, associadas à variações de temperatura e salinidade. Correlações significativas entre abundância e temperatura parecem estar relacionadas com a sincronização de eventos dos ciclos de vida. Neste estuário a salinidade parece desempenhar um papel-chave na estrutura funcional e uso do habitat por juvenis. Este fato é relevante para a definição dos estuários como áreas de criadouro e pela influência da salinidade sobre o ciclo da ictiofauna local.

Descriptors: Estuary, Fish assemblage, Pando Estuary, Río de la Plata, Annual variation, Environmental variables.

INTRODUCTION

Estuaries are complex and highly variable environments and often exhibit abrupt changes in salinity, temperature, turbidity and river and tidal currents (WHITFIELD, 1999; VORWERK et al., 2003). Estuarine fish assemblages are adapted to live under such changing conditions; generally, they consist of freshwater fishes that occasionally enter the brackish waters, anadromous and catadromous in transit, exclusively estuarine fish that remain throughout life in the estuary and marine fish that use estuaries as nursery grounds or spawning areas (POTTER; HYNDÉS, 1999; COSTA et al., 2002). The relationships especially between temperature on a temporal scale and salinity and turbidity on a spatial scale, along with the abundance of different species, are partly the result of seasonal migrations into and out of the estuaries and, for resident species, partly due to recruitment and mortality within the area (MAES et al., 2004; AKIN et al., 2005; SELLESLAGH et al.,...
Estuarine ecosystems are essential not only for marine life but also for humans. As many fishes spend most of their life cycle and have migratory routes there, the environmental integrity of in estuarine habitats is threatened by development of urban communities on their shores (BECK et al., 2001; ABLE, 2005; ELLIOT et al., 2007; FRANÇO et al., 2008a; SELLESLAGH; AMARA, 2008). Environmental assessment studies have declared the Uruguayan coastal zone an area of high ecological value and biodiversity but subject to the increasingly adverse effects of anthropogenic activities (EcoPLATA, 2000; FREPLATA, 2005). In this coastal area, semi-closed systems such as coastal lagoons and open areas (river and stream mouths) are to be found. These estuarine habitats are connected to the Río de la Plata and the Atlantic Ocean, where southwesterly and southeasterly winds raise the tides and give rise to influxes of brackish water, depending on the location of the saline intrusion limit of the Río de la Plata, which varies by season (GIMÈNEZ et al., 2005). The Pando stream, which has a basin of 824 km² and estuarine characteristics at its mouth, is subject to these effects. The Uruguayan coast may be regarded as a significant fish and crustacean nursery area (FREPLATA, 2005; RETTA et al., 2006). In the Río de la Plata, fish species (e.g. Microgonias furnieri, Cynoscion guatucupa, Macrodon ancyledon, Mugil platanus, Urophycis brasiliensis and Brevoortia aurea) have their spawning and breeding area (ACUÑA et al., 1996, 2000; MACCHI et al., 1996, 2003; ACHA et al., 1999; ACHA; MACCHI 2000; VIZZIANO et al., 2001; BRAVERMAN et al., 2009). Juveniles and larvae of, e.g., M. furnieri (whitemouth croaker), a target of Uruguayan fisheries and second in economic importance, find refuge and food in this area, benefiting from the coastal productivity (ACUÑA et al., 1996; JAUREGUIZAR et al., 2003; NORBIS et al., 2006). Despite the role of Uruguayan coastal habitats for fish nurseries, there is little quantified information available for the ichthyofauna of estuaries of the region. Fish community studies were undertaken in estuarine and oceanic coastal areas along the Uruguayan coast by Giménez et al. (2003) during spring 2002 (unpublished data) and Retta et al. (2006). However, no information is available regarding seasonal variations in fish abundance and information as to the relationships between fish assemblage variation and abiotic conditions is limited. Long periods of extreme salinities could lead to high osmotic stress and trigger the migration of fishes from these estuary systems. In the Pando estuary, salinity can be affected by both local and regional sources. If low salinities reduced the use of these habitats by fish communities, then the estuaries would not function permanently as juvenile habitats or nursery areas. Peaks of abundance can be related to periods of juvenile production since estuaries are used by juveniles as nursery areas (BECK et al., 2001; KRAUS; SECOR, 2005). Seasonal patterns in the abundance of fish species using the estuary during a particular period of their life history are caused by sequential, enforced migrations that occur independently of estuarine environmental conditions (POTTER et al., 1997). The variations in the fish assemblage abundance of the Pando estuary could be related to life cycle events (e.g. recruitment, juvenile migrations) but presumably they could also occur as a consequence of limitation by, e.g., extreme salinity conditions.

This paper seeks to determine the composition, structure and specific abundance of the fish assemblage in the Pando estuary, by season, and to analyze its temporal patterns in terms of ecological categories and the impact of abiotic factors. Given the bioecological importance and current ecological fragility of the estuaries on the Uruguay coast (DEFEO et al., 2009), this study should contribute to an interpretation of the use of the Pando estuary by its various fish populations and to present knowledge of the level and characteristics of this estuary as a nursery area.

MATERIAL AND METHODS

Study Site

The Río de la Plata is a micro tidal coastal plain temperate estuary draining the second largest basin of South America. The main tributaries are the Paraná and Uruguay rivers which together provide 97% of the water discharge (NAGY et al., 1996; GUERRERO et al., 1997). Several streams distributed along the northern coast of the Río de la Plata estuary discharge their waters into it (Fig. 1). One of those streams, the Pando stream, drains a basin of 974 km² and has an average flow of 10.9 m³s⁻¹. At the mouth of the Pando stream there is a small, shallow, protective estuary, characterized by strong erosion that modifies the regional morphology (GUTIERREZ; PANARIO, 2006). This study focuses on the Pando estuary (34° 47'S – 55° 52'W) (Fig. 1). It has a maximum width of 270 m, decreasing at the mouth, and delimiting a total area of approx 170,000 m² with an average depth of...
1.5 m. During 1995 and 1996 salinity and temperature were recorded in summer (S = 17–20; T = 21–23 °C) and in autumn (S = 5–15; T = 13–14 °C) (AMORÍN; CABAL, 1996). The marine-fluvial water of the Pando estuary may be affected by two different sources: a) local, as a consequence of variations in the freshwater flow entering the estuary from the Pando stream; b) regional, as a result of brackish water from the Río de la Plata. Winds generally blow from the E-NE during the summer and produce an outflow of water from the estuary along the Uruguayan coast (north–northeastern drift). (GUERRERO et al., 1997). There is no clearly defined annual rainfall cycle on the Uruguayan coast. Minimum rainfall in winter and in summer is mainly recorded. In the last two decades there has been an increase in precipitation in the intermediate seasons, with an especially large increase in spring (BIDEGAIN et al., 2005).

Sampling design

Fish samples were taken monthly between May 2002 and June 2003. A survey was undertaken to assess the adequacy of the sampling equipment with regard to the physical characteristics of the sampling sites and the efficiency of the nets (ROZAS; MINELLO, 1997; GUEST et al., 2003). Two sets of gear were used: a guild net (50 m in length with a 40 mm mesh) and a beach seine (12 m long with a central bag: mesh size 12 mm; cod-end, 6.70 m long, 2 m high with two lateral wings each 5 m in length). The capture of the latter gear was characterized by: a large number of species, juveniles of target species being significantly represented, and adult individuals also being collected. Sampling efficiency inevitably varies by species and size-class (ROZAS; MINELLO, 1997), but reasonable consistency between samples was assumed (ELLIOTT; HEMINGWAY, 2002). A beach seine was used, as suggested, for shallow water and soft bottom estuary characteristics (e.g., Patos Lagoon: Garcia et al., 2001; shallow water-Singapore: Hajisamaea et al., 2003; Ria Aveiro: Pombo et al., 2005; Guadiana Estuary: Sá et al., 2006; Zrmanja Estuary: Matic-Skoko et al., 2007). The capture with the beach seine was considered for calculation in this paper. Six hauls were made, three on each margin of the Pando estuary, at 500 m from its mouth, at a mean depth of 1.5 m, at sunset (Fig 1). Two 25 m ropes, each of which joined to one end of the beach seine, were used for the haul. One of the ropes was retained on the beach while the other end, together with the net, was deployed by a small rowing boat. The haul was made manually and perpendicularly towards the shore, using both ropes. The net was kept as close to the bottom as possible to force the catch into the center bag. The beach seine was pulled in such a way as to cover an area of ca. 300 m². 

Fig. 1. Geographical location of Pando estuary showing the fishing trawl area (rectangles) on both margins of the Pando mouth.
Environmental data

Environmental data from the Pando estuary, the Río de la Plata estuary and the Uruguay River were obtained from several sources (Table 1). The temperature and conductivity of the Pando estuary were measured at the fish sampling sites (Fig. 1) using a WTW conductimeter; the salinity was calculated from the values obtained for conductivity and temperature. Daily and monthly average temperatures and the salinity of the Río de la Plata (RP) were provided by the Servicio de Oceanografía, Hidrografía y Meteorología de la Armada (SOHMA), from the Punta Carretas station (28 km to the west of the study area). The Uruguay River runoff was also provided by SOHMA. Rainfall and wind speed records were provided by the Dirección Nacional de Meteorología, Uruguay from the weather station at Carrasco (21 km to the northwest of the study area). Rainfall data were used for: (1) the cumulative rainfall of the 10 days before each sampling date, and (2) the daily rainfall of the day before each sampling date. Wind data were used to provide: (1) the maximum and (2) the average wind speed during the six hours before the sampling started.

Fish data analyses

All individuals were counted and identified by taxonomic keys (FIGUEIREDO; MENEZES, 1978, 1980, 2000; MENEZES et al., 1980, 1985; MENNI et al., 1984). Fish total length and body weight were measured to the nearest 1 mm and 0.01 g, respectively. Size classes (juveniles, adults) of Micropogonias furnieri, Mugil platanus, Paralichthys orbignyanus and Brevoortia aurea were established in accordance with Cortina and Lasta (1986) and Lasta (1995), Esper et al., (2001), Mellito et al., (1995), and Acha and Macchi (2000), respectively. To classify the fish assemblage of the Pando estuary, the fish species were grouped in accordance with Elliott et al. (2007). The groups considered were: marine straggler; freshwater straggler; marine migrant; catadromous; anadromous; semi-catadromous; semi-anadromous; amphidromous; freshwater migrant; estuarine (resident + migrant).

Statistical Analyses

The environmental variables (Table 1) were analyzed by Principal Component Analysis (PCA) to determine the most influential variables. The data were centered and standardized before the analysis in order to adapt the variables to one common scale; the contribution of each variable to the formation of each axis being established from the coefficients of the eigenvectors (CLARKE; WARWICK, 1994). Community dynamics were evaluated using species abundance data through principal coordinate analysis (PCO) after logarithmic transformation and the Bray-Curtis similarity index. The relationships between community dynamics and environmental variables were explored (1) by correlating the axes of PCO with environmental variables and (2) by means of Redundancy Analysis (RDA: LEGENDRE, 1998) and the Canonical analysis of principal coordinates (CAP: ANDERSON; WILLLIS, 2003) was computed using Anderson (2003, 2004) and the latter one based on the Bray-Curtis similarity index. For RDA, the data analysis made was similar to that made for PCO (i.e. logarithmic transformation and Bray-Curtis similarity index); the environmental data were centered and standardized as in the case of PCA. For both RDA and CAP multicollinearity among environmental variables was tested using the variance inflation factor (VIF: ZUUR et al., 2007).

Multicollinearity among explanatory variables leads to an inflation of “p” values. We found multicollinearity in our data set (VIF > 5 equivalent to multiple R² > 0.8) so we dropped three variables: (1) monthly average temperature of the Río de la Plata and (2) daily temperature of the Río de la Plata. These variables were correlated with the temperature of the Pando estuary (both R² > 0.90, p < 0.001). The third variable was maximum wind speed, correlated with the average wind speed (R² = 0.84, p < 0.001).

Table 1. Environmental variables for the Pando estuary (PE), Río de la Plata (RP) and Uruguay River (UR), the units and abbreviations are shown. The variables considered for Redundancy analysis (RDA) and Canonical Analysis of Principal Coordinates (CAP); are marked with an “X”. All variables were considered in Principal Component analysis.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Units</th>
<th>Abbreviation</th>
<th>RDA</th>
<th>CAP</th>
</tr>
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<tbody>
<tr>
<td>PE temperature</td>
<td>ºC</td>
<td>TPE</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>PE salinity</td>
<td>PSU</td>
<td>SPE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RP monthly average temperature</td>
<td>ºC</td>
<td>TMRP</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>RP monthly average salinity</td>
<td>PSU</td>
<td>SMRP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RP daily temperature</td>
<td>ºC</td>
<td>TRP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RP daily salinity</td>
<td>PSU</td>
<td>SRP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Average wind speed (6 hours prior to sampling)</td>
<td>knots</td>
<td>AW</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maximum wind speed (6 hours prior to sampling)</td>
<td>knots</td>
<td>MW</td>
<td></td>
<td></td>
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<tr>
<td>UR runoff monthly average</td>
<td>m³ s⁻¹</td>
<td>URR</td>
<td></td>
<td></td>
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<tr>
<td>Rainfall, day before sampling date</td>
<td>mm</td>
<td>P1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cumulative rainfall over 10 days</td>
<td>mm</td>
<td>P10</td>
<td></td>
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</table>
RESULTS

Environmental Variables

Temperature showed seasonal variations (Fig. 2). TPE temperatures typically fell to their minimum (12.4°C) in June and rose to their maximum (25.5°C) in February (Fig. 2). Similar temperature values were recorded for the Río de la Plata. However, the SPE and salinities of the Río de la Plata presented a different annual pattern. In the first case, salinity varied markedly between values near 0 in winter-spring and a maximum of 14.6 at the end of summer (February) (Fig. 2).

The highest values of cumulative rainfall occurred during summer (January and February 2003), and that for highest daily rainfall in November 2002 (Fig. 2). Maximum wind speeds were observed in August 2002, October 2002, December 2002 and February 2003 (Fig. 2). Uruguay River runoff showed a marked increase in spring, reaching maximum values in October and December 2002, (Fig. 2). The first three components of the PCA explained 74.1% of total variance. The variables with the most important temporal variation (i.e. largest contribution to the formation of the components) were: for PC-I: daily and SMRP and TPE; for PC-II: URR; and for PC-III: SPE (Table 2).

Species Composition and Size Structure

A total of 2027 individuals of 21 species belonging to 12 families of fish were collected in the Pando estuary. The most abundant species were the whitemouth croaker (*Micropogonias furnieri*), the mullet (*Mugil platanus*), the flounder (*Paralichthys orbignyanus*), the Brazilian menhaden (*Brevoortia aurea*) and the catfish (*Parapimelodus valenciennis*). Abundance (85.4%) and biomass (44.4%) of *M. furnieri* reached a peak from late summer to autumn and their minimum values in spring (Table 3). All the individuals of *M. furnieri* were juveniles belonging to the 0+ (<12 cm) and 1+ (13 – 25 cm) age classes. The dominant size class was the 0+, except between October and December when the 1+ dominated (Fig. 3). *M. platanus*, <40cm, (4.2%) were collected and peaked in summer and autumn (Fig. 3). In terms of biomass *P. orbignyanus* (31.4%) was the second dominant species (Table 3). High abundance (2.8%) occurred in winter and spring. The total length of the larger individuals was <65 cm; juveniles (size class <30 cm) were dominant in the samples in autumn and winter (Fig. 3). All individuals of *B. aurea* (2.6%) were juveniles (< 20 cm); individuals smaller than 10 cm were common and dominated the January and February samples (Fig. 3). *P. valenciennis* represented 1.3% of the total annual capture and the remaining species did not represent more than 1% individually (Table 3).
Fish Assemblage Structure and Relationships with Environmental Variables

The fish assemblage of the Pando estuary was composed of 92.9% estuarine resident and migrant species (M. furnieri, Macrodon ancyodon, Odontesthes argentinensis, Lycengraulis grossidens, Pterois asplunder, Platichthys platessa, B. aurita, M. platessa and P. orbignanus); of 4.7% of marine migrants (Pogonias cromis, Menticirrhus americanus and Pomatomus saltatrix) and of 1.8% of freshwater straggler species (P. valenciennsis, Hoplias lacerdae, Prochilodus lineatus, Cyprinus carpio, Oligosarcus oligolepis, Pimelodus sp. and Luciopimelodias patti). Anadromous (Genidens barbus) and marine stragglers (Urophycis brasiliensis and Peprilus paru) species were classified. They were represented by values lower than 0.4%. In terms of species richness, freshwater stragglers (33.3%) and estuarine species (33.3%) dominated the assemblage. Multiple-stepwise correlation between fish abundance by functional groups showed significant associations with SPE and TPE. The marine migrants were positively correlated to SPE (Fig. 4) and freshwater stragglers were consistently low at salinities >8 while they reached maximum levels at low salinity (Fig. 4). However, estuarine species correlated positively with TPE, when M. furnieri, the most abundant species, was not included in that group. The inclusion of M. furnieri led to a positive correlation with salinity (Fig. 4).

Table 2. Contribution of each environmental variable to the formation of the main components (PC-I, PC-II and PC-III) of the Principal Component Analysis.

<table>
<thead>
<tr>
<th></th>
<th>PC1</th>
<th>PC2</th>
<th>PC3</th>
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<tbody>
<tr>
<td>TPE</td>
<td>-0.470</td>
<td>0.060</td>
<td>-0.353</td>
</tr>
<tr>
<td>SPE</td>
<td>-0.233</td>
<td>0.282</td>
<td>-0.640</td>
</tr>
<tr>
<td>SMRP</td>
<td>-0.475</td>
<td>-0.258</td>
<td>-0.021</td>
</tr>
<tr>
<td>UR</td>
<td>-0.159</td>
<td>-0.634</td>
<td>0.276</td>
</tr>
<tr>
<td>AW</td>
<td>-0.104</td>
<td>-0.434</td>
<td>-0.256</td>
</tr>
<tr>
<td>P1</td>
<td>-0.382</td>
<td>0.284</td>
<td>0.444</td>
</tr>
<tr>
<td>P10</td>
<td>-0.262</td>
<td>0.414</td>
<td>0.344</td>
</tr>
<tr>
<td>SRP</td>
<td>-0.498</td>
<td>-0.084</td>
<td>0.097</td>
</tr>
</tbody>
</table>

Table 3. Fish assemblage composition of the Pando estuary from May 2002 to June 2003. Data presented as monthly and total abundance (N: number of individuals) and biomass (B: biomass in kg. km⁻²).

| SPECIES                  | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep |
|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| M. furnieri              |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Macrodon ancyodon       |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Odontesthes argentinensis |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Lycengraulis grossidens |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Platichthys platessa    |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| B. aurita               |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| M. platessa             |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| P. orbignanus           |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Pogonias cromis         |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Menticirrhus americanus |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Pomatomus saltatrix    |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Genidens barbus         |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Peprilus paru           |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Hoplias lacerdae        |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Oligosarcus oligolepis |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Pimelodus sp.           |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| Luciopimelodias patti  |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |

Table 2. Contribution of each environmental variable to the formation of the main components (PC-I, PC-II and PC-III) of the Principal Component Analysis.
Fig. 3. Total monthly abundance and size structure of main fish species: *Micropogonias furnieri*, *Brevoortia aurea*, *Paralichthys orbignyanus* and *Mugil platanus*.

Fig. 4. Correlations between fish functional groups and TPE and SPE. For the estuarine group, correlations were made both including (w) and excluding (w/o) *Micropogonias furnieri* as its abundance (individuals total number) is an order of magnitude higher than that of other species. All determination coefficients are significant (p < 0.05).
The first two axes of the PCO explained about 70% of the temporal variability in the assemblage (Fig. 5a). There was a clear seasonal pattern with community shifts from winter-spring sampling occasions (July - October) to late spring-early summer (December - January) and then shifting to late summer-autumn (February - May). During winter-spring the community was dominated by individuals of estuarine species (60 - 90% of total abundance). However, in this analysis *M. furnieri* was not considered while in other periods dominance was below 60% of the total abundance; freshwater stragglers were more abundant in early spring-early summer (40 - 50%) while marine migrants were abundant during late summer-autumn (35 - 70%). A plot of the temporal changes on the first axis of the PCO shows a strong seasonality with rapid shifts on the first axis during spring and autumn (Fig. 5b). The first axis of PCO was positively correlated with the temperature ($r = 0.81$, $p < 0.01$) and salinity ($r = 0.71$, $p < 0.01$) of the Pando estuary. Correlations with the second axis were not significant ($p > 0.05$).

Both RDA and CAP gave similar results (Fig. 6). The most important environmental variables were the TPE - SPE and URR. In RDA, variations in abundance of *M. furnieri* and *M. platanus* were associated with SPE; while *B. aurea*, *O. argentinensis* and *G. barbus* were associated with TPE. In CAP there were the same trends but *M. furnieri* was also linked with TPE. In addition, variations in abundance of *P. orbignyanus* were associated with low TPE and high URR runoff. Multiple-forward stepwise regressions confirmed these findings (Table 4): both *M. furnieri* and *M. platanus* were positively correlated with SPE; the other species were related to the TPE, either positively (*B. aurea*) or negatively (*P. orbignyanus*). Correlation with URR was significant for *P. orbignyanus*.
Table 4. Multiple-forward regression analysis by species with salinity (SPE) and temperature (TPE) of Pando estuary and Uruguay River runoff (URR). Only significant values are shown.

<table>
<thead>
<tr>
<th>Species</th>
<th>SPE</th>
<th>TPE</th>
<th>URR</th>
<th>Multiple R²</th>
</tr>
</thead>
<tbody>
<tr>
<td>M. furnieri</td>
<td>0.78</td>
<td>0.55</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M. platanus</td>
<td>0.88</td>
<td>0.74</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B. aurea</td>
<td>0.74</td>
<td>0.52</td>
<td></td>
<td></td>
</tr>
<tr>
<td>P. orbignyanus</td>
<td>-0.61</td>
<td>0.62</td>
<td>0.68</td>
<td></td>
</tr>
</tbody>
</table>

**Discussion**

Fish Assemblage Composition

The number of species in the Pando estuary was consistent with what has been found in the southwest Atlantic Ocean region (Río de la Plata: Abella et al., 1979; Niño, 1996; Jaureguizar et al., 2003, 2004, 2006; Chuy Stream: Pereira et al., 1998; several estuaries of the Uruguayan coast: Giménez et al., 2003; Retta et al., 2006; Patos Lagoon: Chao et al., 1985; Vieira; Musick, 1994; Mar Chiquita: González Castro et al., 2009a). The Pando estuary may, further, be considered to represent temperate region systems with 20 to 50 species in contrast to estuaries of tropical and subtropical regions where up to 200 species have been recorded (BLABER, 2002; ELLIOTT; HEMINGWAY, 2002; BARLETTA et al., 2003). Estuarine characteristics are low diversity but with high abundance of a few dominant species (VEIGA et al., 2006). The reduce number of some species and the abundance of a few species are a consequence of the dynamics of stressed systems, to which species adapt (ARAÚJO; COSTA DE AZEVEDO, 2001). Hence, the Pando estuary also shows the characteristics of an estuary with a low number of species and in addition, is the habitat of *M. furnieri*, the only species that reaches maximum abundance annually. Similarly, the majority of individual species were only represented by juveniles, which brings out the role of the Pando estuary as a nursery site. In fact, many authors (e.g., POTTER et al., 1990; ROUNTREE; ABLE, 1992; LAZZARI et al., 2003; VEIGA et al., 2006; MARTINHO et al., 2003).
Life Cycle, Seasonal Variation and Environmental Influence

The Río de la Plata fish assemblage is also dominated by *M. furnieri*, which begins its life cycle when spawning in the turbidity front between November and February (ACUÑA et al., 1996; ACHA et al., 1999; BRAVERMAN et al., 2000). The age groups of *M. furnieri* occupy different habitats in the Río de la Plata estuary during the year, as determined by environmental factors (JAUREGUIZAR et al., 2003). After the spawning, the 0+ class prefer shallow and low salinity waters (CASTELLO, 1986; JAUREGUIZAR et al., 2003). Therefore, the great abundance of juveniles < 12 cm in the Pando estuary demonstrates that this estuary is an important refuge and feeding ground for juveniles of the species. During the spring, in the Río de la Plata, along the Uruguayan coast, bigger whitemouth croakers are predominant, and these are observed in the Pando estuary due to the presence of some individuals approximating to that size (JAUREGUIZAR et al., 2003). In late spring resumes the replacement of 0+ juveniles coming from the Río de la Plata into the Pando estuary. Moreover, although juveniles of *M. furnieri* remain in the inner estuary, where salinity conditions may be low (see also COSTA; ARAÚJO, 2003), they do not invade freshwater habitats. Extremely low salinities in the Pando estuary may also cause osmotic stress, thereby reducing the intrusion of individuals. *Mugil platanus* was the next species found in order of abundance and number and all the mullet in the Pando estuary were juveniles. This species reproduces in the open ocean and its juveniles grow within the estuaries (GARCÍA et al., 2001; GONZALEZ CASTRO et al., 2009b). This estuarine migrant is not found in the inner Río de la Plata estuary as frequently as *M. furnieri* (JAUREGUIZAR et al., 2006). Both in the Patos Lagoon (SW Brazil) and Mar Chiquita (NW Argentine) estuaries juvenile mullet are at maximum abundance when salinities are low (VIEIRA, 1991; GONZALEZ CASTRO et al., 2009a). In their turn, in the Pando estuary, the peaks of abundance of *Paralichthys orbignyanus* and *Brevoortia aurea* juveniles should be timed with respect to other events in the life cycle (e.g. period of larval development, maturation). The wide latitudinal distribution of *P. orbignyanus* (from Río de Janeiro, Brazil to the Argentinian coast at 40°50'S) and *B. aurea* (Bahía, Brazil to the Argentinian coast at 41°30’S) suggests that temperature is not be a limiting factor in our study area (COUSSEAU; PERROTA, 2000, p. 145 and 59, respectively). Most of the *P. orbignyanus* were captured in winter; in accordance with the analysis of López Cazorla (2005) for the Bahía Blanca estuary, they were mostly juveniles of the 0+ group. In Bahía Blanca, spawning occurs in summer and larvae are also found near the estuary mouth in summer (January - February). If in the Río de la Plata spawning also occurs in summer, juveniles would be expected to appear in autumn, which coincides with the increase in the abundance of the smaller individuals in the Pando estuary from late autumn to winter. Furthermore, *B. aurea* spawns between September and January off the Río de la Plata (ACHA; MACCHI, 2000) and on the Brazilian coast (COUSSEAU; DÍAZ DE ASTARLOA, 1993), so we would expect juveniles during the summer-autumn period. This is consistent with our findings: the smallest juveniles (<10 cm) were very common in summer-autumn (January - March).

There have been many interpretations offered as to what regulates fish lifespan cycles and how they are regulated. Some researchers have even rejected the hypothesis that seasonal changes in estuarine fish assemblages are directly driven by variations in abiotic conditions (POTTER et al., 1986), or at least recommend that such correlations should be interpreted with great care (POTTER et al., 2001). They attribute seasonality in estuarine fish assemblages to the phasing of events that regulate spawning times and larval dispersal. In temperate estuaries, seasonal variations in abundance may be related to the timing of life cycle events (e.g. recruitment, migration: DAY et al., 1989; LEVINTON, 1995; THIEL; POTTER, 2001; VEIGA et al., 2006). The observed correlations between fish abundance and temperature should be related to life cycle variations rather than to direct responses to temperature; otherwise, correlations would reflect true cause-effect relationships. For instance, it was found in *M. platanus* that reproductive migration is also triggered by the sudden decrease of temperature (GONZALEZ CASTRO et al., 2009b).

Functional Groups

The basic ichthyofaunal structure appears to have an underlying stability and to be predictable in terms of the response of individual species to specific conditions (WHITFIELD, 1999). Hence, different taxonomic groups using the estuaries, whether on a regular or permanent basis, take advantage of the
robust nature of the food webs within these systems. In terms of habitat use, the European estuarine fish assemblages are significantly dominated by marine species, both migrants and stragglers, followed by estuarine, freshwater, anadromous and catadromous species (FRANCO et al., 2008b). The functional group of the Pando estuary was mainly composed of estuarine and freshwater straggler species while in terms of number of individuals the majority were classified as estuarine species (ca. 93%). Although in some cases estuarine species make an important contribution to the total abundance of the fish community (e.g. Western Australia: POTTER; HYNDIES, 1999), in most estuaries, the marine migrants dominate when species biomass and number are considered (see ELLIOT et al., 2007). The reason for the dominance of freshwater stragglers and estuarine species may lie in the particular hydrological conditions of the Pando estuary. Apart from the rainfall impact on the basin and freshwater flow, salinity fluctuations must occur as the consequence of the interplay of freshwater from the rivers, entering through the head of the estuary, and seawater entering through the mouth. However, the Pando estuary has the Río de la Plata estuary as a second source of freshwater to the Atlantic coast through changes in freshwater flow (BLABER; BLABER, 1980; FORBES; CYRUS, 1993; MARSHALL; ELLIOTT, 1998; VORWERK et al., 2003; WHITFIELD; HARRISON, 2003; JAUREGUIZAR et al., 2004). The salinity conditions in the Pando estuary during the present study were indeed extremely low (Fig. 2) as compared with those of previous studies (5-15 in autumn and 17-20 in summer (AMORIN; CABAL, 2006 unpublished data). The sampling period included an El Niño Southern Oscillation (ENSO) event from October 2002 to March 2003 (BIDEGAIN et al., 2005), while the study of Amorín and Cabal was carried out during La Niña of 1995-1996. The ENSO of 2002-2003 caused a great increase in river discharge on the South Atlantic coast of South America (BIDEGAIN et al., 2005), including the Pando estuary. It is, therefore, possible that the ENSO has an indirect effect on the use of the Pando estuary by juvenile fish. The ENSO has profound effects on the biota of the Pacific coast of the Americas (THATJE, 2008) and affects the recruitment and migration dynamics of fish species of the Atlantic coast through changes in freshwater flow (GARCÍA et al., 2001; GARCÍA; VIEIRA, 2002). Large-scale, long-term processes can thus affect the use of the estuary by juveniles and the definition of particular habitats as nurseries.

Summarizing, this is first time that the annual variation of the composition and ichthyofauna structure has been studied in Uruguayan estuaries. Both seasonality and variations in salinity play an important role in the use of the estuary by 17 species of juvenile fish. If salinity affects the abundance of juvenile fish, any temporal fluctuation will be relevant for the definition of estuaries as nursery areas. The results presented are in agreement with Whitfield and Harrison’s (2003): the value of any estuarine habitat as a nursery for fish or other species may fluctuate according to the salinity and freshwater flow conditions. This fluctuation may occur at seasonal but also on longer time scales. To put things in perspective, we need to evaluate the role of other estuaries in South America, including those of the Uruguayan coast in order to understand the importance of environmental variability for community structure by juveniles.

**Conclusions**

In brief, the results show that low salinity affects the abundance of the most important species...
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