

## Effect of alcoholic beverages on progeny and reproduction of mice

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Alcohol is the most commonly consumed substance in the world. The objective of this study was to evaluate the influence of alcoholic beverages on male reproduction and possible alterations in their offspring. The mice were divided into 4 groups: beer, wine, cachaça (a type of sugarcane rum), with ethanol concentrations of 1.9 g/kg, and control group treated with PBS. The treatment period was 35 days. The animals which received cachaça, demonstrated significant weight loss in the testes and epididymis. The alcoholic beverages promoted significant testosterone level and fertilization index diminution, and morphological alterations in the spermatozoa. The beer group presented decreased implantation sites and a high frequency of dominant lethal. The number of reabsorptions in the wine group was increased. The fermented beverages presented higher potential to induce visceral malformations, while the cachaça caused fetal skeletal malformations. The cachaça treated group presented a negative impact on semen quality and fertilization potential. The treatment with different alcoholic beverages, during spermatogenesis, demonstrated contrasting degrees of induction of toxic effects, interfering in a general aspect in male reproductive performance, fetal viability during intrauterine life, and birth defects. From the data, it is possible to infer that the distilled beverage caused more harmful effects to reproduction in this study.

**Keywords:** Alcoholic beverages/analysis. Wine/adverse effects. Beer/adverse effects. Cachaça/adverse effects. Reproduction/drugs effects.

### INTRODUCTION

Alcohol is the most commonly consumed substance when compared with other psychoactive elements, with a world prevalence which reaches almost 2 billion consumers worldwide, attaining the “health problem” category, attributed as the cause of 3.8% of deaths and 4.6% of causes of illness worldwide, and has been singled out as an agent of more than 60 types of illness (Anderson, Chishol, Fuhr, 2009; Rehm, Mathess, Popova, 2009).

The teratogenic effects related to alcohol usage were initially described in 1968 and 1973, when a specific pattern of alcoholic mother child malformations were defined, named as fetal alcohol syndrome (Hoyme, May, Kalberg, 2005).

The majority of alcohol ingestion is metabolized by

the liver and converted to acetaldehyde. The conversion product is extremely toxic, since it can cause DNA fragmentation and therefore interfere in the cellular metabolism (Halsted, 2004).

The excessive use of alcohol is involved in hormonal, metabolic, and pathophysiological alterations, which severely influence the development and growth of offspring (Burgos *et al.*, 2002). The decrease in serum testosterone concentration can stimulate the activity of the aromatase enzyme, present in peripheral fat cells, which is responsible for conversion of testosterone to estrogen. This substance can promote a decrease in sperm volume and density, thus influencing fertilization (Purohit, 2000).

There is insufficient knowledge on the influences of alcohol on sperm quality, which will affect the offspring. In addition, there are no studies in the literature which analyze the repercussions of different alcoholic beverages on the reproductive performance of male users and their effects on the offspring. Therefore, the objective of this study was to evaluate the influence of alcoholic beverages on male reproduction and possible alterations in their offspring.

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## MATERIAL AND METHODS

All the procedures described here are in accordance with the Animal Experimentation Ethical Principles of the Brazilian Federal Veterinary Medicine Council (CFMV) and Brazilian law n. 9605 (regulated by Decree n. 3179, 21/12/1999) and were approved by the Ethics Committee on animal experimentation of the Universidade Estadual de Londrina (Londrina State University – UEL), number 8198.2013.22.

### Experimental design

Male (n=10 per group) and female (n=20 per group) Swiss mice weighing approximately 45 grams and 60 days old, sexually mature, were chosen. The animals were kept in a controlled light environment, with a 12-hour light/dark cycle, at  $22 \pm 2$  °C, with free access to food and water. The mice were distributed equally into four experimental groups. Three groups received, via gavage, different kinds of alcoholic beverages ( $G_1$ ) = beer, ( $G_2$ ) = wine, and ( $G_3$ ) = cachaça. Cachaça is a Brazilian beverage obtained from the fermentation of sugarcane juice (Andrade-Sobrinho *et al.*, 2002). The ethanol concentration administered in the groups was 1.9 g/kg (Doremus *et al.*, 2003). The control group ( $G_0$ ) received phosphate buffered saline (PBS). The treatment of the male mice took place on 45 consecutive days. On the 45<sup>th</sup> day, the male mice were euthanized by cervical dislocation, and a laparotomy to remove certain organs and blood collection via cardiac puncture were performed. The collected blood was submitted to testosterone dosage via the radioimmunoassay method.

The study design included fifteen days of mating, to guarantee at least two estrous cycles of the female mice. The mating occurred on the 35<sup>th</sup> day of male treatment, a period corresponding to a spermatogenic cycle in mice (Adler, 2000). The proportion of mating was one male to two females. The females used were not submitted to any treatment. During this period, every 12 hours, the female vaginas were examined to verify the occurrence of the “vaginal plug” which determined day zero of pregnancy. On the 18<sup>th</sup> gestational day, the female mice were euthanized, and laparotomy and hysterectomy carried out to evaluate the uterine content.

### Analyzes of the male mice

Paternal toxicity was analyzed through the weight loss, presence of piloerection, diarrhea, motor coordination, death in male mice, external analysis, and

weight of the organs: lungs, kidneys, livers, testes and epididymis.

For histological procedures, the testes were fixed in Bouin solution, dehydrated at increasing alcoholic concentrations and included in paraffin (Pesce, 1987). Histological sections (5  $\mu$ m thick), were obtained by microtome and stained using the hematoxylin-eosin technique (Michalany, 1980).

The protocol of Johsen (1970) was adopted for analysis of the spermatogenesis, since it allows definition of the average result of each group. It is difficult, without this protocol, to detect changes in the spermatogenesis, since each seminiferous tubule contains germ cells in different stages of maturation. The seminiferous tubules were analyzed (n = 40) per animal. The histological evaluation was classified as a score from 1 to 10. The minimum score represents the majority of the cells of the germinal line absent and few Sertoli cells in the epithelium of the seminiferous tubule. The maximum score is given when the epithelium of the seminiferous tubule exhibits all the cells that compose the spermatogenesis, including Sertoli cells.

To evaluate interstitial tissue the Leydig cells were counted and evaluated by the number of cells in a unit area ( $\text{mm}^2$ ), in 10 images per animal, with a magnification of 400X.

The methodology described by Wyrobek *et al.* (1983) was used for the spermatozoa morphology evaluation. The spermatozoa were collected from the tails of the epididymis and 400 cells per animal were evaluated under a light microscope.

### Analyzes of the female mice

Uterine content was evaluated to verify the presence of reabsorptions (embryo death), number of live and dead fetuses, and weight of the placentas. The parameters reabsorption index, post-implantation loss index, and fetal viability index were measured. The dominant lethal assay is an important method for testing mutagenic substances (Shively *et al.*, 1984). In this context, the presence of implantation sites that develop properly in females mated with males exposed to xenobiotics is used as a criterion for success in insemination and fertility (Sarkar *et al.*, 2000). The dominant lethal assay was calculated using the formula described by Haseman, Soares (1976). The formula corresponds to  $1 - (\text{average of live fetuses per pregnant female of the treated group} / \text{average of live fetuses per pregnant female of the control group} \times 100)$ . This index aims to analyze the lethal dominant mutations occurring spontaneously in the control and treated groups.

## Analyzes of the fetuses

All live fetuses were weighed and measured. In addition, the weight of fetuses for pregnancy age was evaluated, according to Calderon *et al.* (1992). A stereoscopic microscope was used for the systemic analysis of the fetuses to detect possible external structural malformations.

For the evaluation of skeletal and visceral anomalies, half the fetuses were fixed in Bodian mixture for visceral analysis. The other half were fixed in acetone for skeletal analysis (Staples, Schnell, 1964). The visceral analysis was performed through cuts/ micro dissections as proposed by Barrow, Taylor (1969) to verify the chest and abdomen, and to evaluate the head, the strategic cuts proposed by Wilson (1965) were used. The skeletal analysis evaluated the skull, sternum, vertebrae, ribs, pelvis, collarbone, phalanges, metacarpus, and metatarsus to detect anomalies, according to the Taylor (1986) method. These evaluations were performed using a stereoscopic microscope.

## Statistical analysis

The quantitative data, such as male weight gain;

testosterone dosage; male organs; Johsen score; number of Sertoli cells; Leydig cells/mm<sup>2</sup>, and parameters related to intrauterine development were analyzed by the ANOVA test followed by Tukey's test.

The qualitative data, such as fertility index; spermatozoa alterations; and skeletal and visceral malformations were analyzed by the Chi-Square test. All analyzes were performed in GraphPad Prism. The significance level adopted was 5%.

## RESULTS

### Analyzes of the male mice

Table I presents parameters of paternal toxicity. The body weight gain was decreased in males of the G<sub>1</sub> and G<sub>3</sub> compared with the G<sub>0</sub>. In relation to the organ weights there were no statistically significant data. The presence of piloerection, diarrhea, motor coordination, and deaths of male mice were not detected.

The histological testes evaluations are presented in Table II. This Table demonstrates a Johsen score reduction in the G<sub>1</sub>, G<sub>2</sub>, and G<sub>3</sub> compared to G<sub>0</sub>. Concerning the Sertoli cell and Leydig cell count, there was a significant reduction in the G<sub>1</sub>, G<sub>2</sub>, and G<sub>3</sub>. In addition, there was a

**TABLE I** - Parameters related to male mice toxicity

Parameter	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Number of male mice	10	10	10	10
Weight gain[g]	-0.554 ± 0.669	-3.201±0.595*	-0.850 ± 0.799	-3.263 0.531*
Lung %	0.50	0.60	0.58	0.53
Kidneys %	1.23	1.32	1.18	1.08
Liver %	4.56	4.99	4.43	4.47

Average represented data ± SEM and relative weight (organ weight/body weight \*100). \*p < 0.5.[ANOVA/Tukey]. G<sub>0</sub> - Control; G<sub>1</sub>-Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/ kg, of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.

**TABLE II** - Histological testes and testosterone evaluation

Parameter	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Number of male mice	10	10	10	10
Score Johsen <sup>2</sup>	10	7*	7*	6**
Sertoli cells <sup>2</sup>	15	12*	13*	7***
Leydig cell/ mm <sup>2</sup>	1.400	1.300*	1.200*	1.200*
Testosterone [ng/mL] <sup>1</sup>	259.5 ± 55.68	198.5 ± 38.85*	183.0 ±49.08*	119.0 ± 20.830**

\*p < 0.5, \*\*p < 0.01 and \*\*\*p < 0.001 [Chi-square test]. G<sub>0</sub> - Control; G<sub>1</sub>-Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/ kg of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.<sup>1</sup>Average represented data ± SEM [ANOVA/Tukey].<sup>2</sup>[Chi-square test].

significant reduction in the testosterone dosage in the G<sub>1</sub>, G<sub>2</sub>, and G<sub>3</sub> in relation to G<sub>0</sub>.

The male mice spermatozoa morphology evaluations are presented in Table III. Anomalous spermatozoa were found in all groups, presenting tail and head alterations. The G<sub>1</sub>, G<sub>2</sub>, and G<sub>3</sub> demonstrated statistically significant alterations when compared to G<sub>0</sub>. Furthermore, the G<sub>3</sub> males presented testicle and epididymis weight reduction.

Table IV shows the male mice reproductive performance. The treated groups presented a reduction in the number of fertile animals, being significant in the G<sub>3</sub>.

### Analyzes of the female mice

Parameters related to the intrauterine progeny development are presented in Table V. The G<sub>1</sub> demonstrated a reduced number of implantations and live fetuses, when compared to G<sub>0</sub>. The G<sub>2</sub> presented a higher number of reabsorptions and consequently a rise in the reabsorption index and post-implantation loss, these parameters being statistically significant. The LPF (Lethal Prevalent Frequency) (%) analysis demonstrates that all groups treated with the alcoholic beverages demonstrated prevalent lethal induced mutations, statistically significant in the G<sub>1</sub> group which showed high mutation indices.

### Analyzes of the fetuses

Table VI presents analyses of the fetuses. The weight

and length of fetuses were not statistically significant. In total, 397 fetuses were analyzed and no external congenital malformations were found. In the skeletal analysis the following malformations were found: Sternum, interparietal, and supraoccipital. The malformations in the G<sub>3</sub> were statistically significant. Concerning the visceral analysis, the G<sub>1</sub> and G<sub>2</sub> showed statistically significant alterations in the heart, such as reduced myocardium and sponge appearance.

## DISCUSSION

The ingestion of alcohol may induce impotence, infertility, and alterations in functions of male reproductive organs (Emanuele, Emanuele, 2000). There are different alcoholic drinks, based on the production process, through which the beverage is prepared by distillation or fermentation processes, in addition to differences in the raw material from which the beverage is produced, such as barley, grapes, and sugarcane.

In the toxicological analyses, negative weight gain was observed. This weight loss can be justified by the effects of alcohol on the metabolism as, when used chronically, alcohol potentiates the Mitochondrial System of Oxidation of Ethanol (SMOE), which occurs on the cytochrome p-450 system. SMOE increases the thermogenic potential of food, thus increasing the basal metabolism rate in alcoholics (Suter, Hasler, Vetter, 1997).

The Johsen score showed the spermatogenesis

**TABLE III** - Male mice testes, epididymis, and spermatozoa morphological evaluation

Percentage	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Number of male mice	10	10	10	10
Testes % <sup>1</sup>	0.47	0.45	0.44	0.39*
Epididymis % <sup>1</sup>	0.25	0.28	0.24	0.18 ***
Spermatozoa with tail alterations <sup>2</sup>	16.8	19.75***	27.35***	21.55***
Spermatozoa with head alterations <sup>2</sup>	1.7	2.95***	16.25***	3.9***

\* $p < 0.5$  and \*\*\* $p < 0.001$  <sup>1</sup>Average represented relative weight (organ weight/body weight \* 100) [ANOVA/Tukey]. <sup>2</sup>[Chi-square test]. G<sub>0</sub>- Control; G<sub>1</sub>-Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/ kg of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.

**TABLE IV** - Parameters related to the male mice reproductive performance

Parameter	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Fertile males/number of paired males	10/10	8/10	7/10	5/10*
Pregnant females/ number of paired females	20/20	14/20**	12/20**	9/20**
Fertility index [%]	100	80	70	50*

\* $p < 0.5$  and \*\* $p < 0.01$ . [Chi-square test]. G<sub>0</sub>- Control; G<sub>1</sub>-Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/ kg of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.

**TABLE V** - Parameters related to the intrauterine progeny development

Parameter	G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Number of female mice	20	14	12	9
Implantations number	11.230 ± 2.618	7.916 ± 3.528*	11.250 ± 2.187	11.250 ± 2.187
Live fetuses number	10.307 ± 2.287	7.166 ± 2.979*	9.875 ± 1.457	10.125 ± 2.587
Reabsorption number	0.846 ± 0.800	0.833 ± 1.193	2.125 ± 1.125*	0.875 ± 0.479
Reabsorption index	7.059 ± 5.407	8.300 ± 3.244	13.983 ± 9.739*	8.515 ± 5.323
Post-implantation loss	7.609 ± 7.495	6.912 ± 3.244	13.983 ± 9.739*	10.546 ± 5.165
Fetal viability	92.390 ± 5.767	93.087 ± 3.244	86.016 ± 9.739	89.450 ± 5.165
Placental individual weight [g]	0.106 ± 0.009	0.111 ± 0.011	0.101 ± 0.006	0.112 ± 0.006
Placental index	0.078 ± 0.023	0.082 ± 0.007	0.070 ± 0.003	0.079 ± 0.004
Evaluation of the weight of fetuses for pregnancy age	----	WFAPA <sup>1</sup>	WFAPA <sup>1</sup>	WFAPA <sup>1</sup>
Frequency of dominant lethal	----	20.76%*	4.19%	1.76%

Average represented data ± SEM. \*p < 0.5. G<sub>0</sub> - Control; G<sub>1</sub> - Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/kg of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.<sup>1</sup> WFAPA = Weight of fetuses was adequate for pregnancy age.

**TABLE VI** - Analyses of fetuses

		G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Total number of fetuses		126	98	76	97
Individual fetal weight [g] <sup>1</sup>		1.372 ± 0.032	1.344 ± 0.055	1.430 ± 0.021	1.419 ± 0.030
Fetal length [cm] <sup>1</sup>		2.762 ± 0.047	2.711 ± 0.060	2.664 ± 0.054	2.716 ± 0.071
		G <sub>0</sub>	G <sub>1</sub>	G <sub>2</sub>	G <sub>3</sub>
Skeletal Malformations <sup>2</sup>	Number of analyzed fetuses	66	53	40	51
	Number of normal fetuses	57	46	33	33
	Total number of malformed fetuses	9	7	7	18
	Sternum malformation	5	5	5	9
	Interparietal malformation	2	1	1	4
	Supraoccipital malformation	2	1	1	5
	%MF	13.6	13.2	17.5	35.29**
Visceral Malformations <sup>2</sup>	Number of analyzed fetuses	60	45	36	46
	Number of normal fetuses	60	38	32	45
	Total number of malformed fetuses	0	9	4	1
	Reduced Myocardium	0	6	3	1
	Sponge Appearance of Myocardium	0	3	1	0
	%MF	0	19.14***	11.1*	2.17

\*p < 0.5. \*\*p < 0.01 and \*\*\*p < 0.001. G<sub>0</sub> - Control; G<sub>1</sub> - Beer treated group with 1.9 g/kg of ethanol; G<sub>2</sub> - Wine treated group with 1.9 g/kg of ethanol and G<sub>3</sub> - Cachaça treated group with 1.9 g/kg of ethanol.<sup>1</sup> Average represented data ± SEM [ANOVA/Tukey].<sup>2</sup> %MF: malformation percentage [Chi-square test].

were immature in all treated groups. Many studies have evidenced that germ cells are the target of ethanol toxicity, and this agent can promote damage during the production of spermatozoa and differentiation of spermatozoa. The alcohol can act directly on the testes, which may decrease

dosages of some hormones responsible for germinal maturation and reduce the nutrition that Sertoli cells provide to germ cells. (Raychoudhury, Flowers, Millette, 2000).

The number of Sertoli cells was reduced in all treated groups. These cells have important functions in the

spermatogenesis: mechanical support, germ cell nutrition and movement, paracrine regulation, phagocytosis, steroid hormones synthesis, and spermiation. The Sertoli cells are susceptible to the action of numerous toxic substances, presenting morphological and functional alterations, induced by xenobiotics (Hess, Nakai, 2000).

The alcohol negatively affected the activity of Leydig cells, compromising the production of testosterone, which is responsible for the development and maturation of germ cells. The testosterone dosage reduced in all treated groups, in addition to which the number of Leydig cells decreased. Testosterone is synthesized from cholesterol by a sequence of enzymatic chains within the Leydig cells (Rosenblatt *et al.*, 2010). This can infer there is evidence of a degenerative testicular process considering the Johsen score and decrease in testosterone, suggesting a negative impact on semen quality and fertility potential.

The morphological analysis of spermatozoa contained in the epididymis presented tail and head alterations. According to Villata, Balleca, Nicolás (1997) stated that fertility disturbance is related to ethanol ingestion, besides which it can promote low spermatozoa concentration with damage to mobility and raise the teratozoospermia number (Gomathi, Balasubramanian, Vijayabanu, 1993). These alterations can compromise motility, and consequently fecundation. These changes associated with chromosomal mutation can wreck the embryo implantation by natural selection (George, Gramath, Johansson, 2006).

There was a reduction in the average weights of the testes and epididymis in the treated groups. According to Basth, Oko, (1989) testes and epididymis weight reductions can induce important functional variations, compromising the spermatozoa morphology, considering that spermatogenesis starts in the seminiferous tubules, the formed spermatozoa migrate to the epididymis, where they mature and are stored. Gonçalves *et al.* (2017) showed that the number of abnormal seminiferous tubules increased in ethanol drinking rats.

In the female analyses, the high frequency of dominant lethal were presented in the G<sub>1</sub>. This suggests that beer may promote mutations in germ line cells present in the testicles. According to Leber (1988) these genes do not compromise fertilization but interfere with the normal development of the embryo resulting in lethality in the early stages prior to implantation. This statement justifies the lower number of implanted and live fetuses observed in this group.

The G<sub>2</sub> favored the abortion of fetuses in more advanced development phases, evidenced by the rise in reabsorption numbers, reabsorption index, and post-

implantation loss. The G<sub>3</sub> did not show a statistically significant result related to fetal viability during the intrauterine life. This demonstrates that the fetuses that crossed the barrier of all or nothing were able to overcome the intrauterine development, but still presented a higher index of skeletal malformations. The fetuses which were exposed to fermented beverages presented higher visceral malformations.

It can be concluded that treatment of male mice with different types of alcoholic beverages induced different degrees of toxic effects, compromising the male mice reproductive performance, fetal viability during the intrauterine life, and congenital malformations (birth defects). Among the malefic effects mentioned, the distilled beverage caused more damage to reproduction, when compared to the other beverages tested in this study.

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