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EDITORIAL

Health promotion of health students

Much has been said and studied over the illness of undergraduate students, future health professionals. In this issue, it is intended to look at the health-disease process of such population, in the perspective of health promotion, that is, to seek and recognize both risk factors and assets, in a holistic understanding of health. In addition, the connection between individual and collective is worked, since the promotion of individual health is directly linked to the environment (in the case of teaching-learning), public policies and, above all, the community action developed by the students.

Based on these premises and with the purpose of enriching the reflection and practices of Health Promoting Universities, the Coordination of Health Promotion of the NAE - Student Support Office of “*Faculdade de Medicina FMUSP, Universidade de São Paulo*” accepted the invitation to organize this thematic issue. Research and experiences involving students and residents, from different health courses and various educational institutions in the State of São Paulo are gathered. These are examples of many initiatives in the country.

It is clear the interconnectedness of the concepts of health promotion, disease prevention and quality of life. Mental health as part of health is also recurrent. Consistent with the theoretical-practical proposal of health promotion and with the commitment to disseminate knowledge about health professions’ education, we thank the Revista’s support for including two innovations: 1) a provocative article, following the AMEE Fringe that “provides the opportunity to see something a little different - a new and perhaps provocative or approach to healthcare professions education” and 2) the session of reports of experience with special format in order to give voice to some of experiences developed by students.

Finally, it is worth pointing out that there is evidence that health promotion and disease prevention programs for students can affect both personal health behaviors and also influence patient counseling attitudes and professional practices.

Good reading,

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